

#RegionIXYouthToday

RISK BEHAVIOR OF YOUNG PEOPLE IN THE ZAMBOANGA PENINSULA

PART 2



University of the Philippines Population Institute and
the Demographic Research & Development Foundation,
Inc.

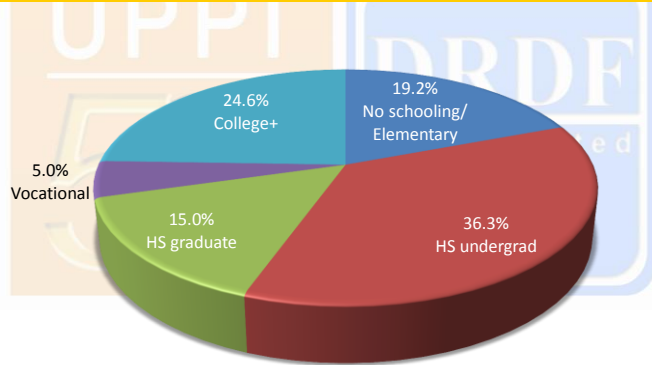
OUTLINE

- Part 2**
- Background characteristics of the youth
 - Media exposure
 - Health and Lifestyle
 - Nonsexual risk behaviors
 - Sources of information about sex and reproduction
 - Summary

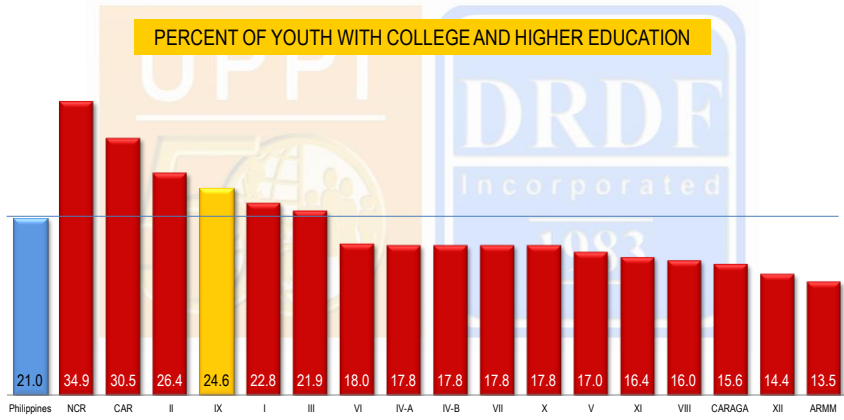


Education profile of Region IX youth

PERCENTAGE DISTRIBUTION OF YOUTH BY HIGHEST EDUCATIONAL ATTAINMENT



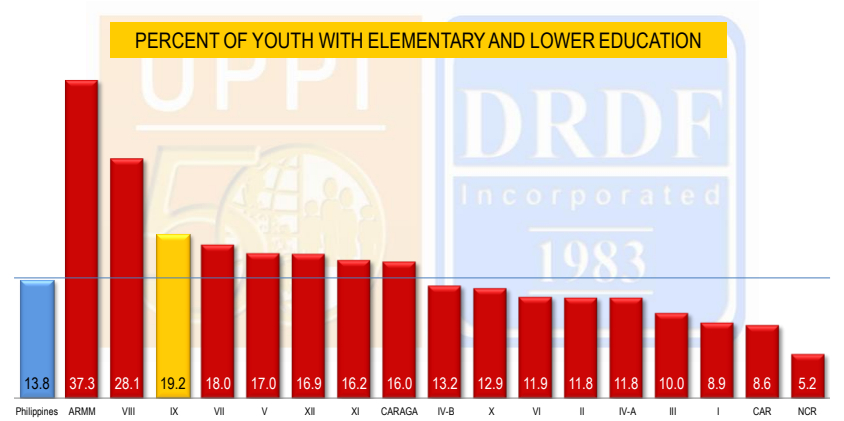
Proportion of Region IX youth with college and higher education is the 4th biggest in the country



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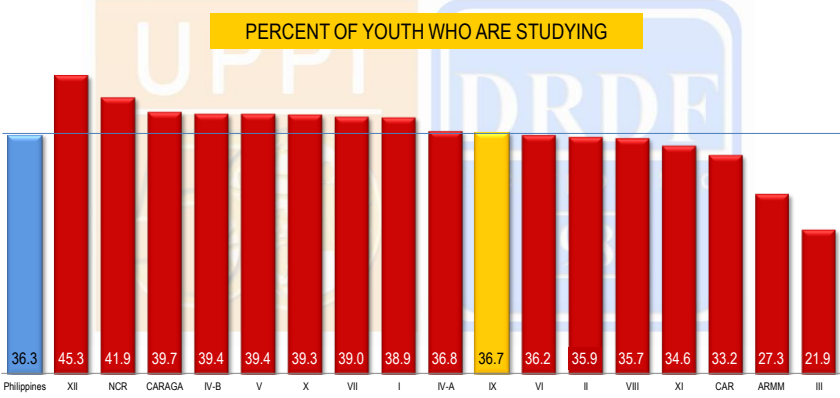
... But it also has the 3rd largest proportion of youth with basic and lower education



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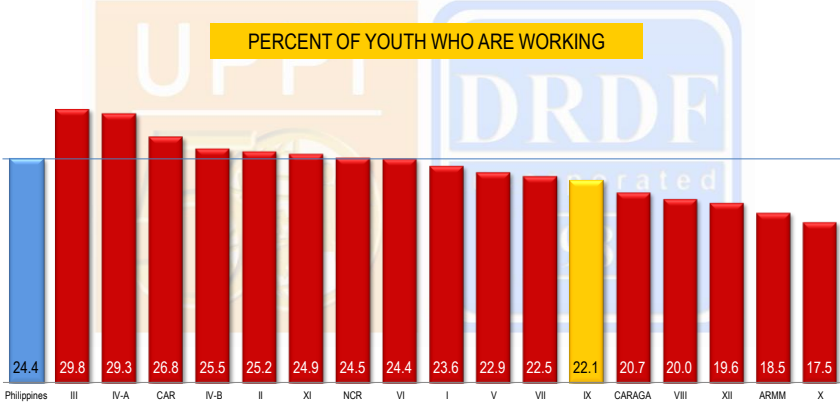
More than 1 in 3 youth are studying



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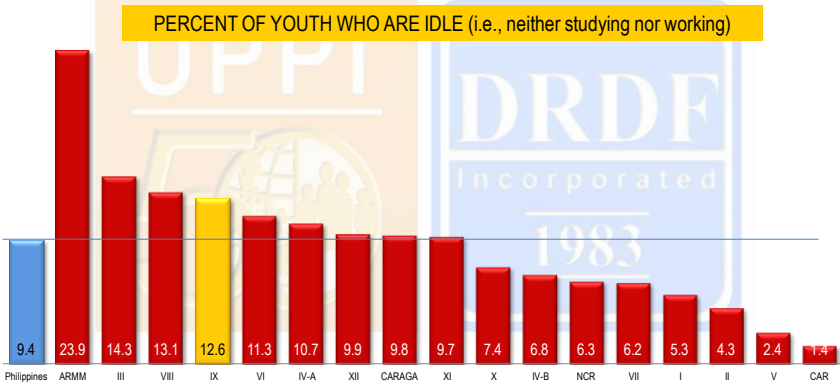
More than 2 in 5 youth are working



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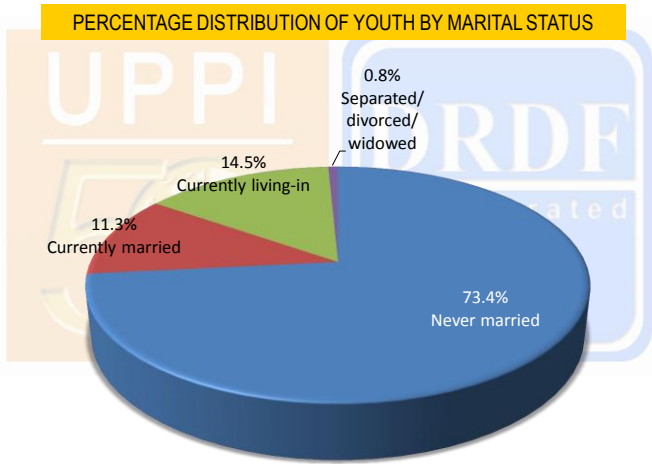
Region IX has the 4th highest proportion of idle youth



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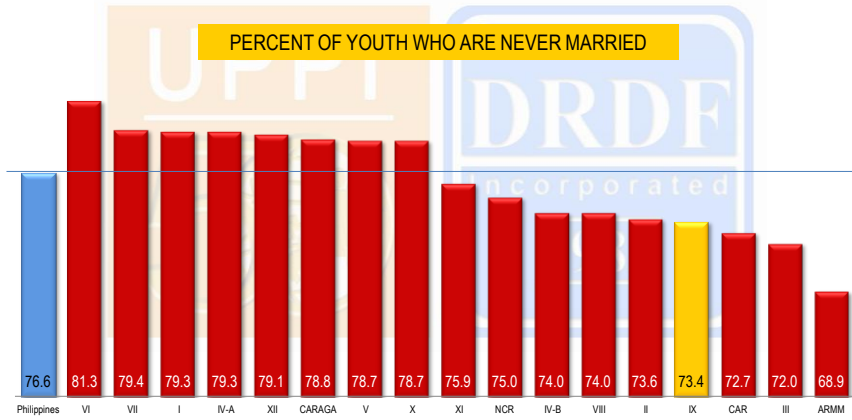
Marital status of Region IX youth



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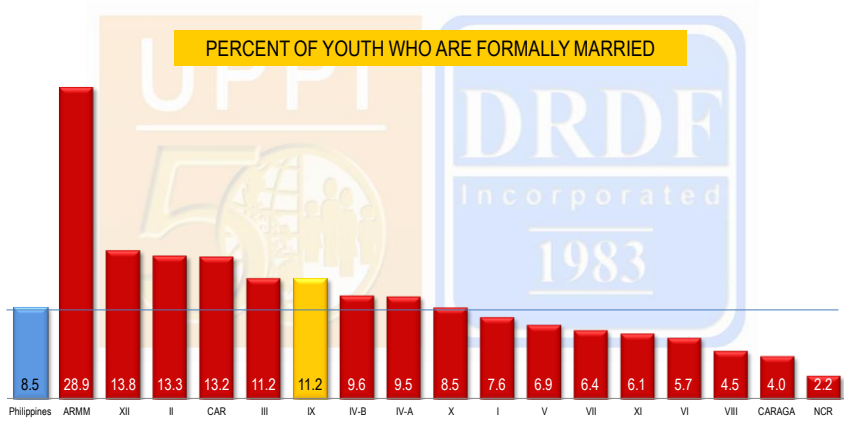
Almost 3 out of 4 youth are never married



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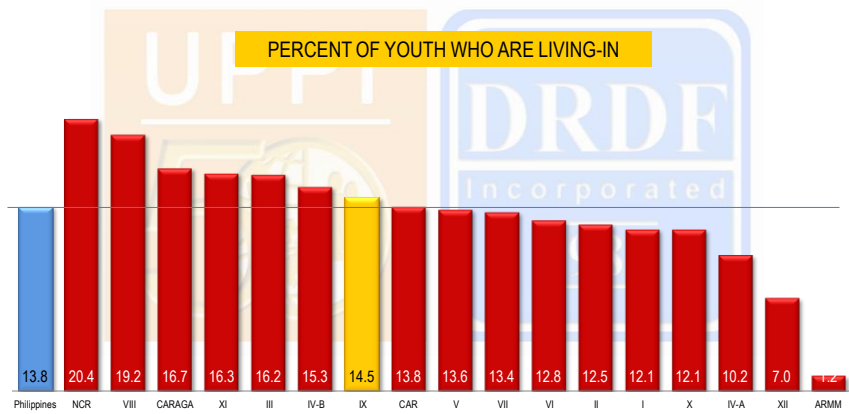
Proportion of formally married youth in Region IX is above the national average



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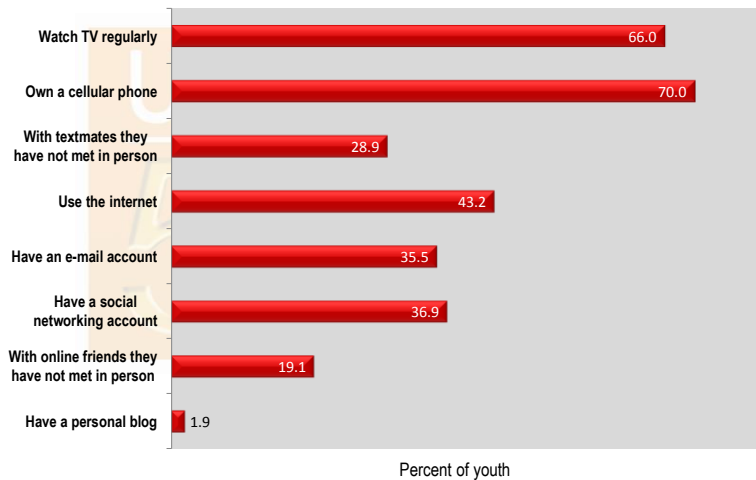
14 in 100 youth in Region IX are in a live-in arrangement



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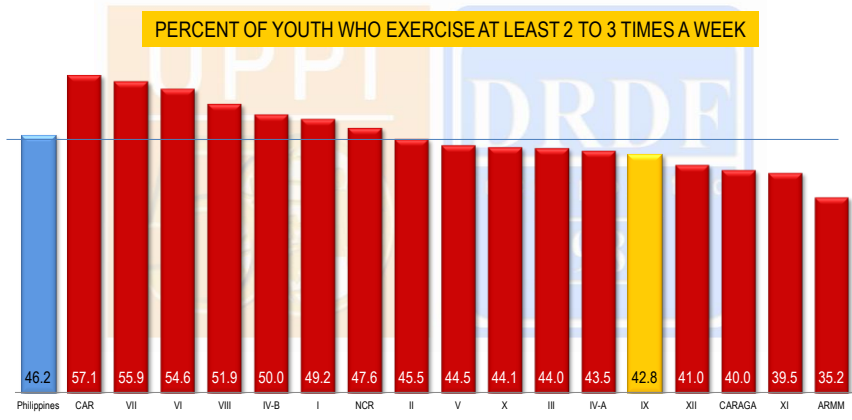
Region IX youth are digitally wired



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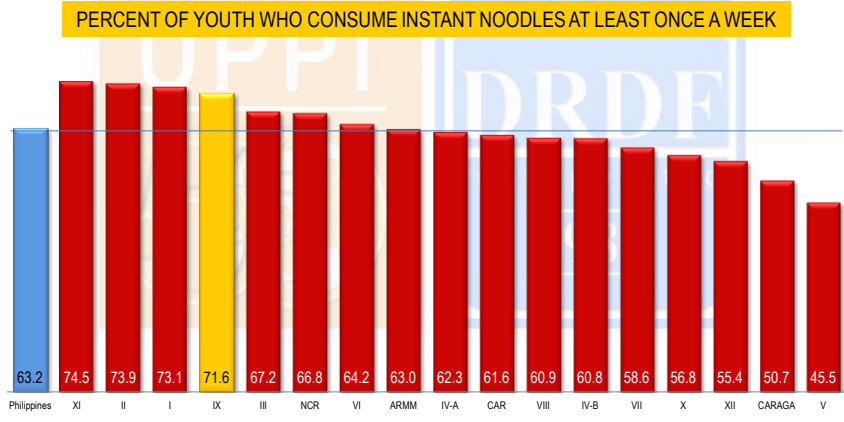
2 in 5 Region IX youth exercise at least 2 to 3 times a week



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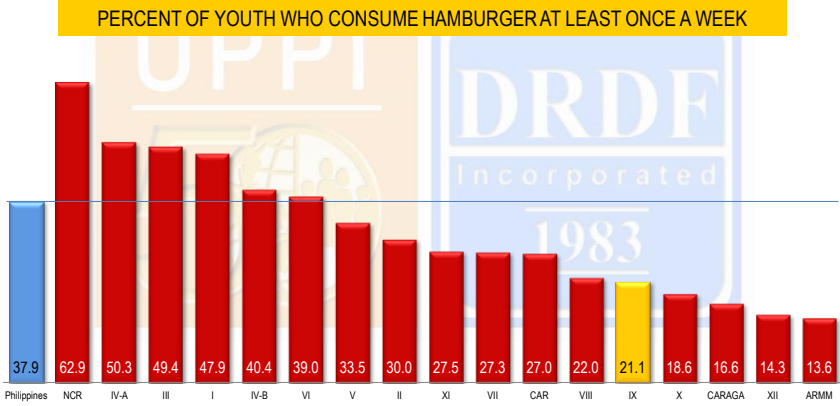
Region IX has the 4th biggest proportion of youth who consume instant noodles



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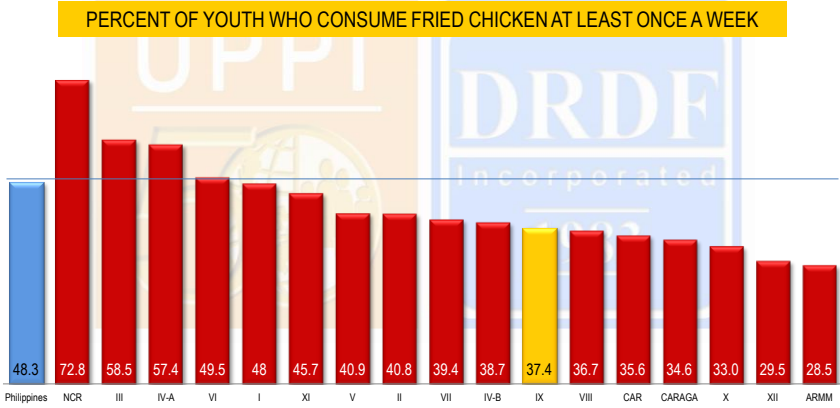
More than 1 in 5 youth consume hamburger at least once a week



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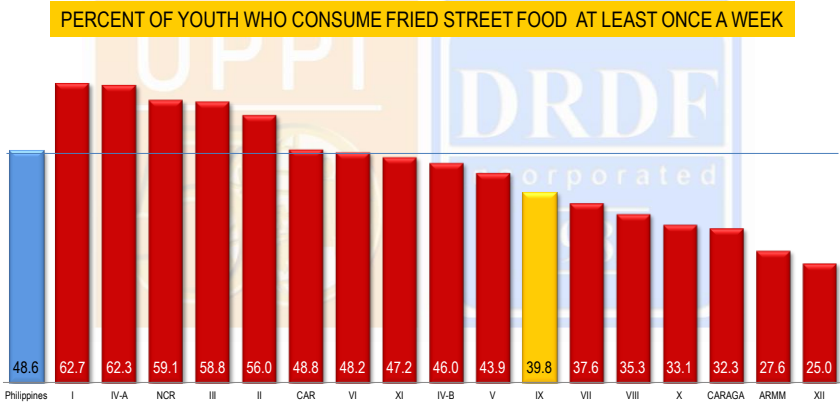
More than 1 in 3 youth eat fried chicken at least once a week



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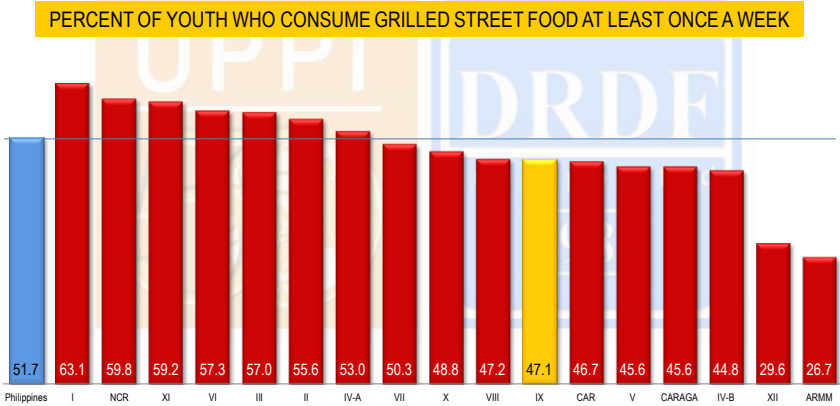
4 in 10 youth eat fried street food at least once a week



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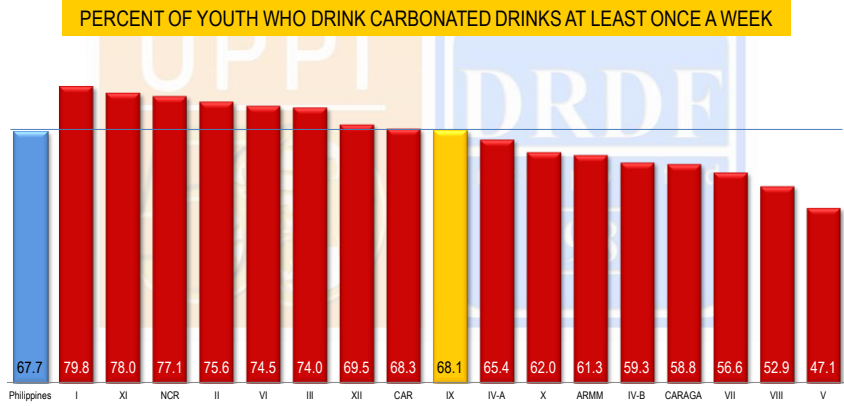
Almost half of Region IX youth consume grilled street food at least once a week



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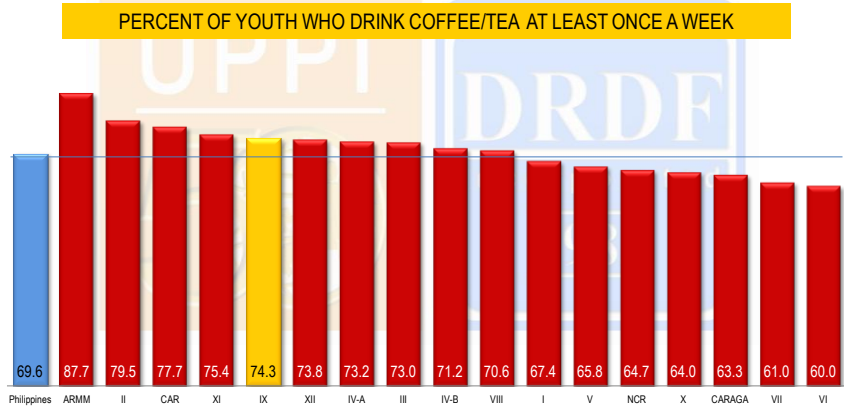
Almost 7 in 10 youth drink carbonated drinks weekly



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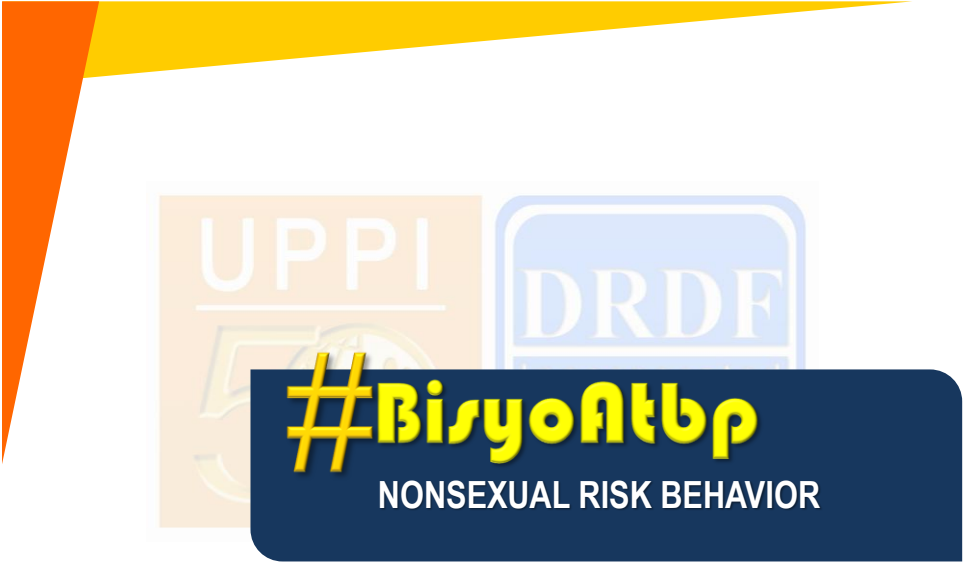
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Almost 3 in 4 Region IX youth drink coffee/tea at least once a week

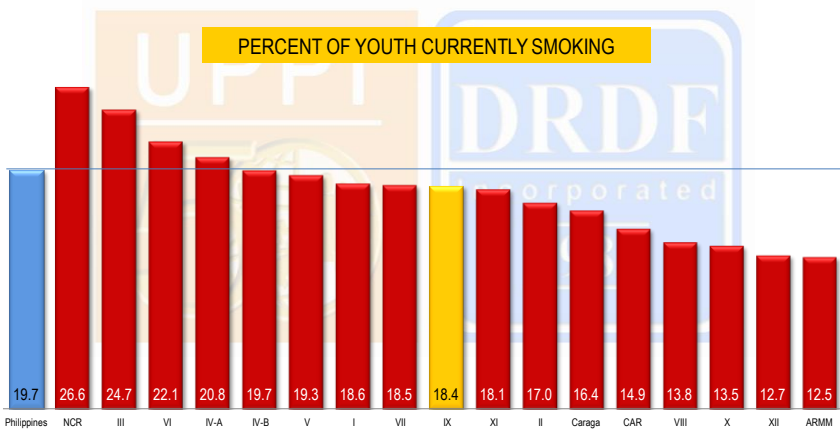


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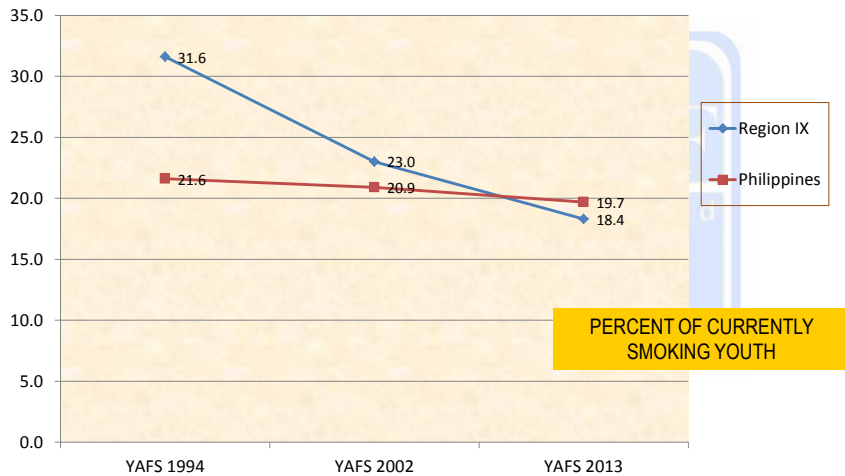
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18 in 100 Region IX are currently smoking



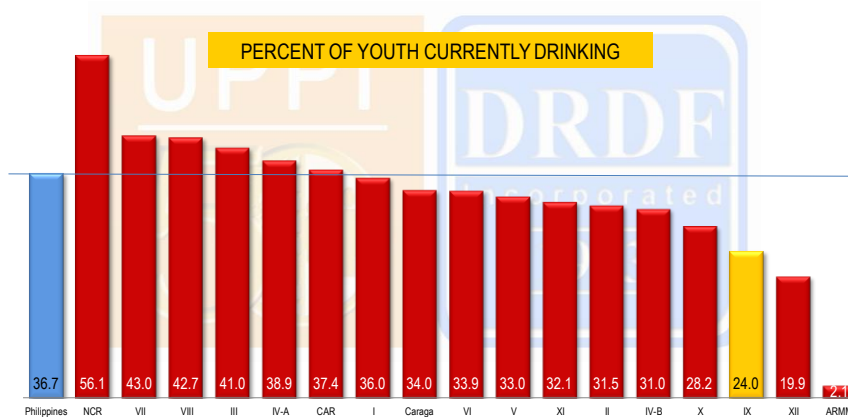
The trend of the proportion currently smoking among the youth is declining



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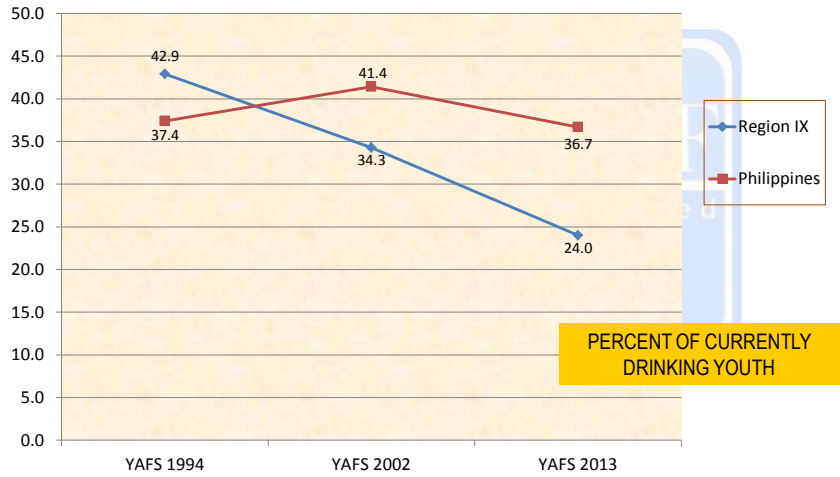
Region IX has the 3rd smallest proportion of currently drinking youth



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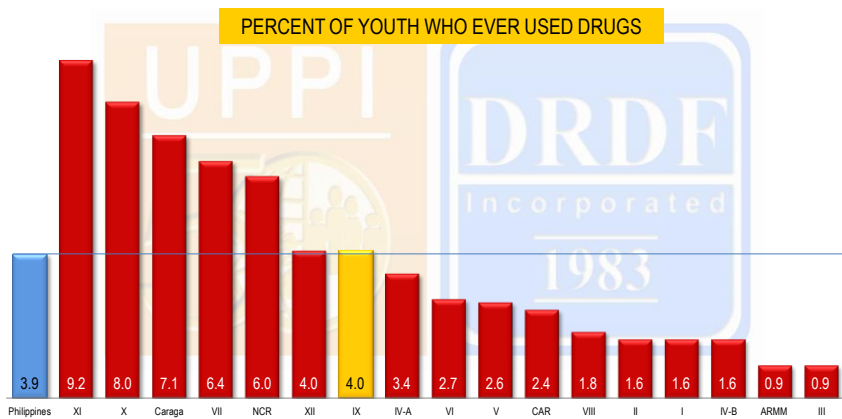
Proportion of currently drinking youth is also declining



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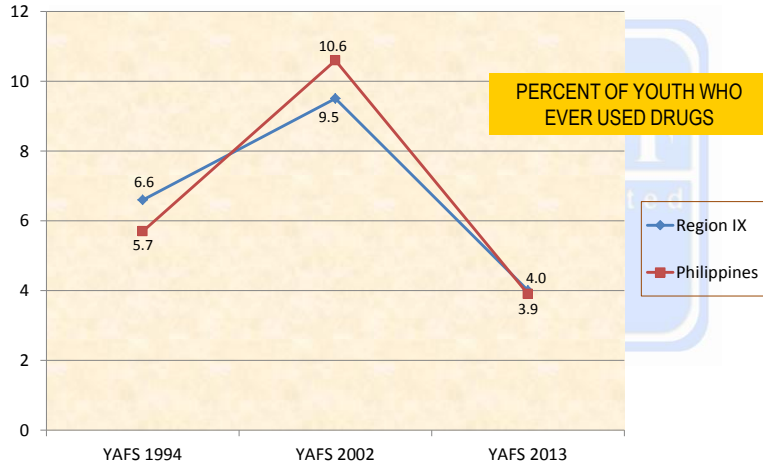
1 in 25 youth in Region IX has used drugs



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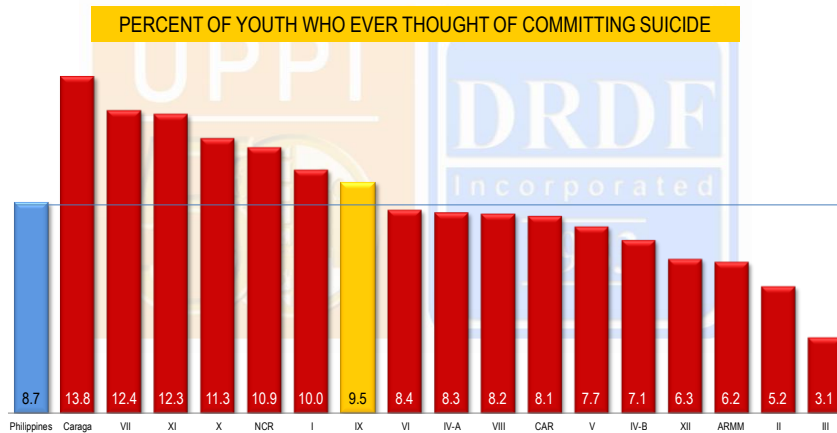
Proportion of Region IX youth who ever used drugs is also declining



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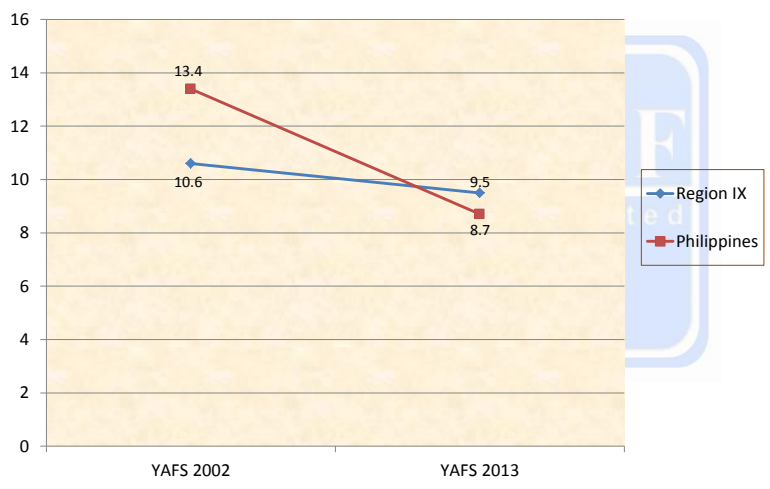
Proportion of Region IX youth who ever thought of committing suicide is above the national average



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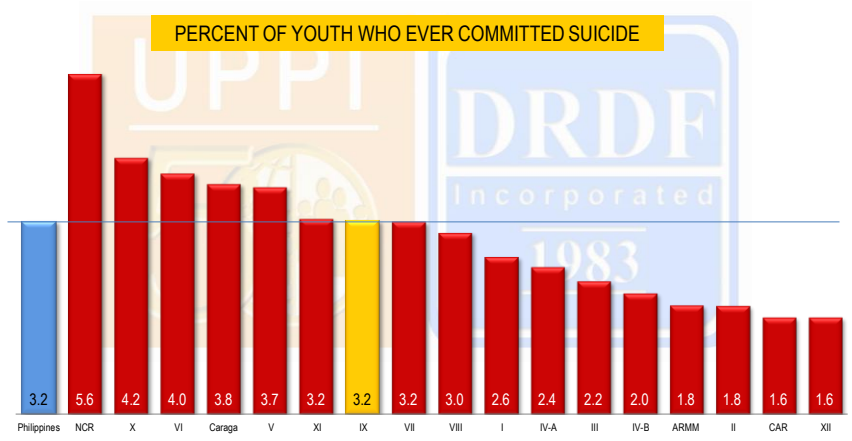
Between 2002 and 2013, the proportion of youth who ever thought of committing **suicide** declined



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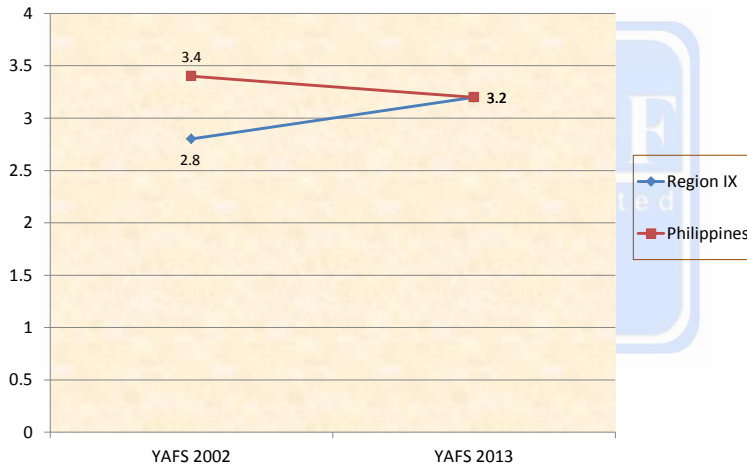
3 in 100 Region IX youth have attempted to commit suicide



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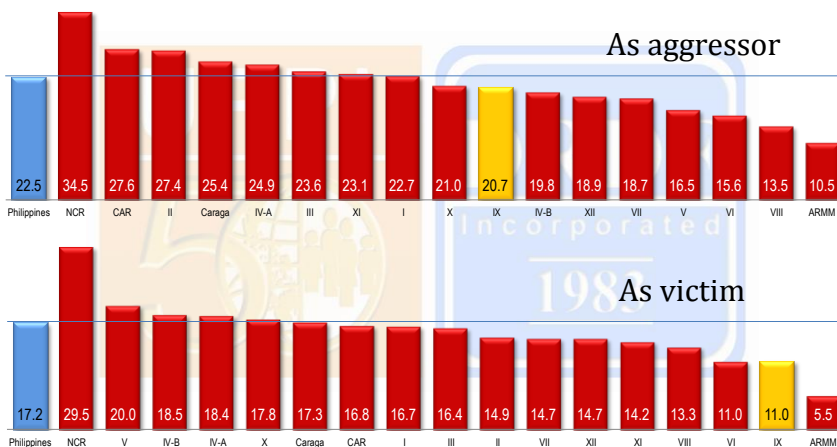
Percent who attempted to commit suicide in the past decade increased in Region IX



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Proportion of Region IX youth who physically hurt someone is below the national level; the proportion of who were physically hurt by someone is the 2nd smallest in the country

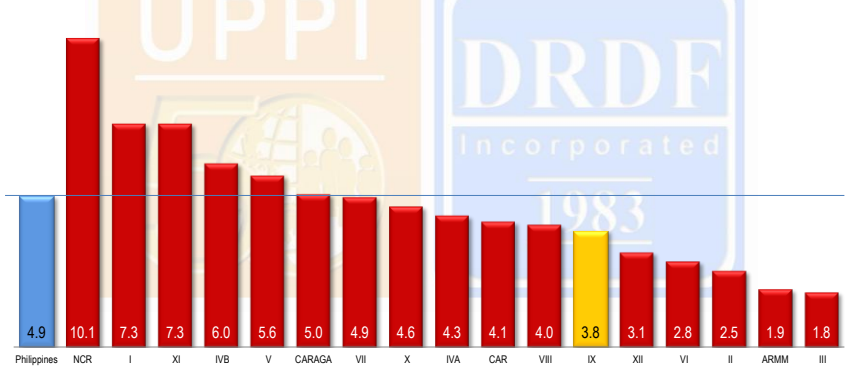


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Almost 4 in 100 youth have experienced harassment with the use of technology

PERCENT OF YOUTH WHO EXPERIENCED HARASSMENT WITH THE USE OF TECHNOLOGY

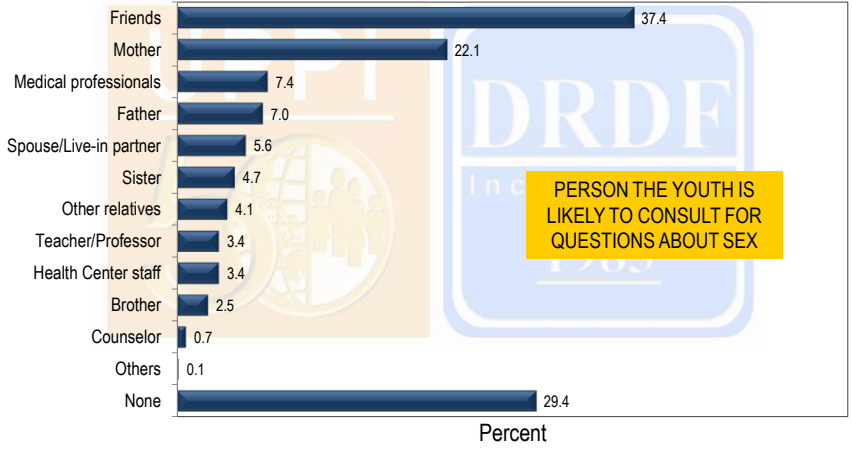


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#UsapangSex
SOURCES OF INFORMATION ABOUT SEX

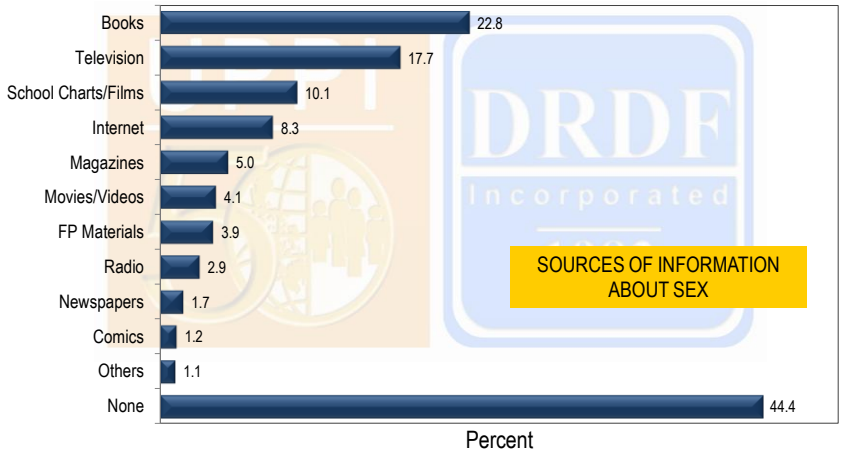
Friends and mothers are the persons most Region IX youth will consult if they have questions about sex; 3 in 10 will consult no one



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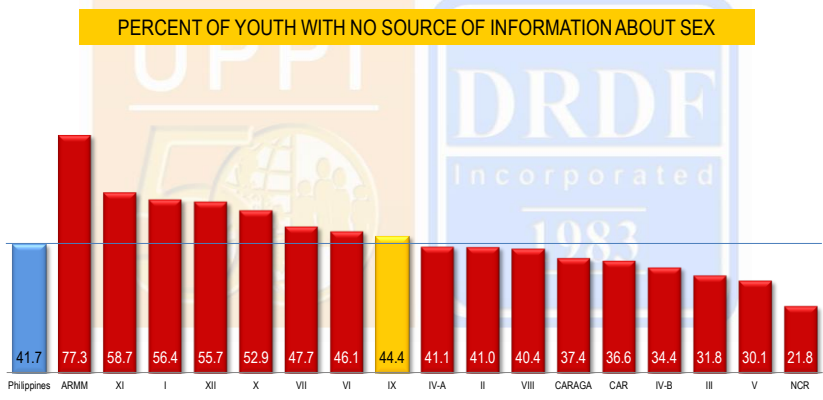
More than 2 in 5 Region IX youth do not have any source of information about sex



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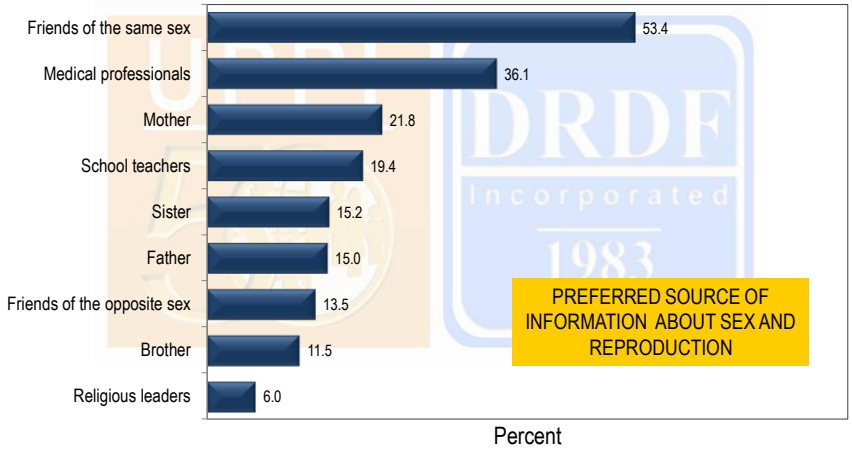
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44 in 100 Region IX youth have no source of information about sex



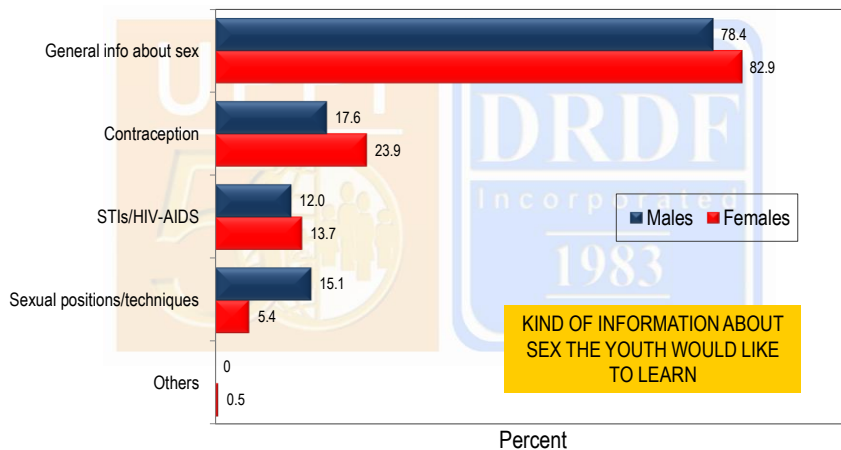
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Friends of the same sex, medical professionals and mothers are Region IX youth's most preferred sources of information about sex and reproduction

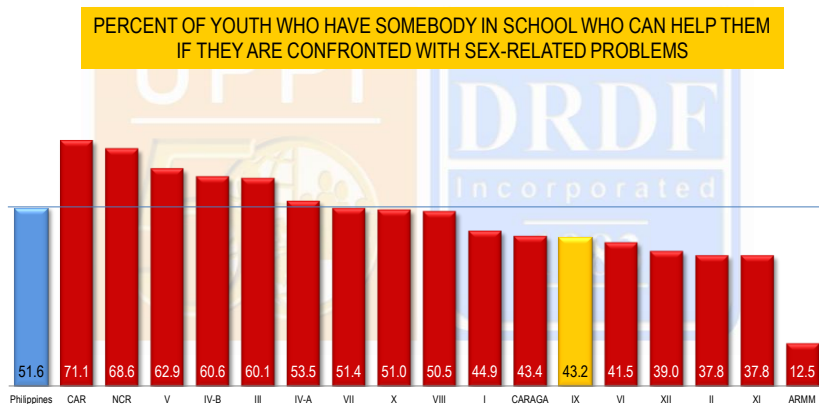


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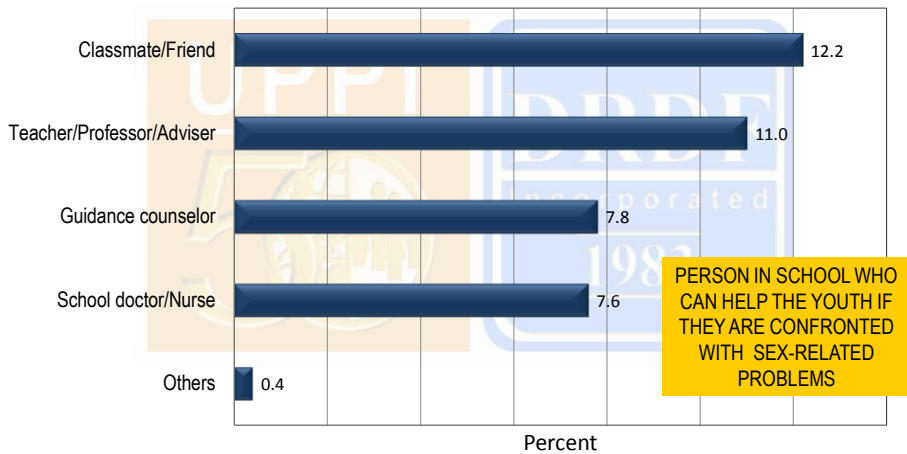
Region IX youth would like to learn general information about sex the most; more males would rather learn sexual positions and techniques than be informed about STIs



43 in 100 youth reported that they can find help in school regarding sex-related problems



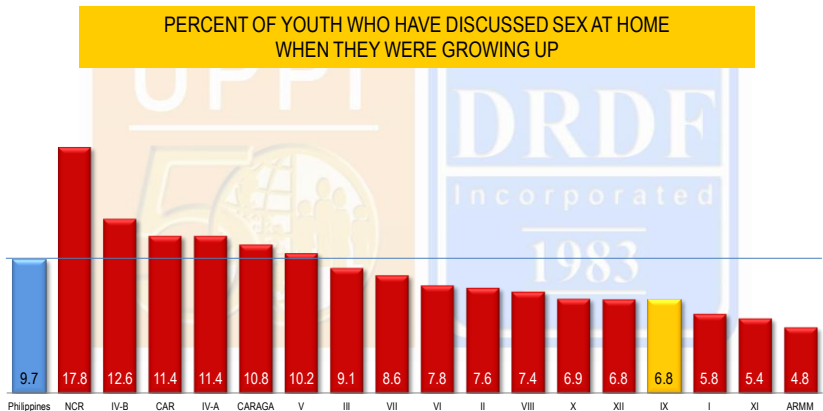
Most Region IX youth identified their classmates/friends as the ones at school who can help them if they have any sex-related problem



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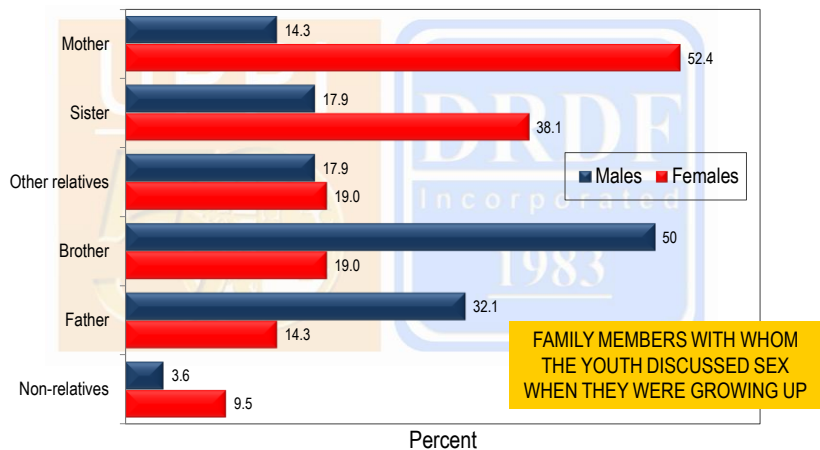
Only 7 in 100 Region IX youth have discussed sex at home while growing up



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Most discussions of sex at home are between mothers and daughters, brothers, sisters, and fathers and sons



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SUMMARY

- Profile of Region IX youth:
 - Average education profile
 - 24.6% of youth who have at least some college education
 - 19.2% have elementary or lower education
 - 36.7% are studying
 - % working is below the national average (22.1%)
 - 12.6% are idle
 - Has the 5th highest % of youth who are formally married (11.2%)
 - % living-in (14.5) exceeds the % who are formally married

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SUMMARY

- Media exposure of the Region IX youth
 - high use of new information technology
 - 70% own a cellular phone
 - 43.2% use the internet
 - 36.9% have an e-mail or a social networking account
 - More than a quarter have online friends whom they have not met personally (28.9%)
- 42.8% of youth in Region IX exercise 2-3 times a week
- Region IX youth are high consumers of unhealthy foods and drinks

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SUMMARY

- Non-sexual risk behaviors of Region IX youth:
 - % of youth who are into certain vices are declining:
 - % currently smoking: 18.4
 - % currently drinking: 24.0
 - % who ever used drugs: 4.0
 - Above-average albeit decreasing % of youth who have thought of committing suicide.
 - Rise in the % of youth who attempted suicide. Such pattern is opposed to the declining rate at the national level.
 - Relatively low proportion of youth who have experienced harassment using technology

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SUMMARY

- Sources of information about sex of Region IX youth:
 - 44.4% of young people do not have any source of information about sex
 - Friends (particularly of the same sex), medical professionals and mothers are the youth's preferred sources of information about sex and reproduction.
 - Only 43.2% of youth have someone at school who can help them regarding sex-related problems
 - Very little discussion about sex at home (6.8%), the 4th lowest in the country.
 - Most female youth discussed sex at home with their mothers & sisters while the males with their brothers & fathers.

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#ThankYou!

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